

Get help!

Tell someone!

# Bí Cineálta!

We want everyone at Aughadreena N.S. to feel safe and happy. If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust. They will know what to do to help.

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose, over and over again. It happens a lot. Not just once.

If you tell a staff member that you think you are being bullied, the teacher may:

- ✚ talk with you
- ✚ ask you what you want to happen
- ✚ work out a plan together
- ✚ talk to your parents
- ✚ talk to the other student(s) involved
- ✚ talk with the other student's parents

We have a Bí Cineálta policy to try to stop bullying behaviour.

We look at this policy every year to see what is working well or what could work better.

We will ask you what you think.

Please tell someone  
if you think that you are being  
bullied  
or  
if someone else is being bullied



# People you can tell in our school

Mrs Reilly (DLP)

Mrs Smith (DDLP)

Ms Hannon

Ms Gilroy

Mrs Lynch

Mrs Browne

